

FILLMORE FAMILY RESOURCES, INC.  
FY 2009 ANNUAL REPORT  
July 1, 2008- June 30, 2009

Who we are?

Board of Directors

Daryl Jensen	Chair, Finance Committee
Mark Rader	Vice-Chair, Personnel Committee
LaDeane Peterson	Secretary, Personnel Committee
Tom Byrne	Finance Committee
Karen Haugerud	Policy Committee
Brett Corson	Finance Committee
<i>*Returned 12/08</i>	
Sheila Higbe	Policy Committee
Lynn Mensink	Personnel Committee
Kari Berg	Policy Committee
Kelly Wagner	Finance Committee
<i>*Resigned 12/08</i>	

Staff

Amy Becker	Executive Director (Hired 9/08)
Anne Detlefsen	Advocated/Program Coordinator
Lois Hackbarth	Interim Director (Resigned 10/08)
Diane Strahl	Office Manager/Advocate

Volunteer Program

3635.5 Volunteer hours

*\*The volunteer hours include Crisis Line, office work, court monitoring, transportation, and internships.*

1 Safe Home Provider

*\*The Safe Home was used for a total of 20 actual person days.*

Where we have been?

Fillmore Family Resources, Inc. was established in 1987, to serve the needs of battered women and children in Fillmore County. In 1991, services increased to include victims of general crime, and in 1995, FFR expanded its services to children who have witnessed domestic violence. In 2003 the Children's Program evolved even further to include *all* victims of child abuse. FFR coordinated programs for parents and children experiencing divorce from 1996 to 2006 when funding was lost. In 2005, FFR began intense prevention efforts in the schools, focusing on bullying and dating violence.

What we stand for?

FFR Mission Statement

It is the mission of FFR to help Fillmore County residents in crisis, and to provide them with information and referral.

FFR Policy Statement

It is the policy of Fillmore Family Resources, Inc., to serve the community of Fillmore County with crisis intervention services to adults and families, and to advance prevention efforts that foster non-discriminatory attitudes and behaviors, individually and institutionally. As such, it is the position of Fillmore Family Resources, Inc. to provide individuals with accurate, unbiased information and facilitate access to resources which are not provided by our program. It is also our position to refer individuals to qualified programs that have the same regard for providing assistance and information in an accurate and unbiased manner.

How we help?

- Crisis intervention
- 1:1 support
- Advocacy
- Client follow-up
- Client information and referral
- Safety planning for adults and children
- Notification of services, coordinate services through legal, medical, courts, law enforcement and social service systems, as well as other agencies
- Locate safe/alternative housing
- Emergency financial assistance
- Provide transportation and childcare
- Informational packets
- Civil, criminal, and family legal advocacy for victims; such as self-representation assistance with restraining orders and related actions
- Criminal case follow-up and updates
- Restitution
- Reparations
- Notification of hearing dates and status
- Plea agreement and objections
- Court monitoring
- Elder abuse and child abuse petitions
- Budgeting and income maintenance, and much more.

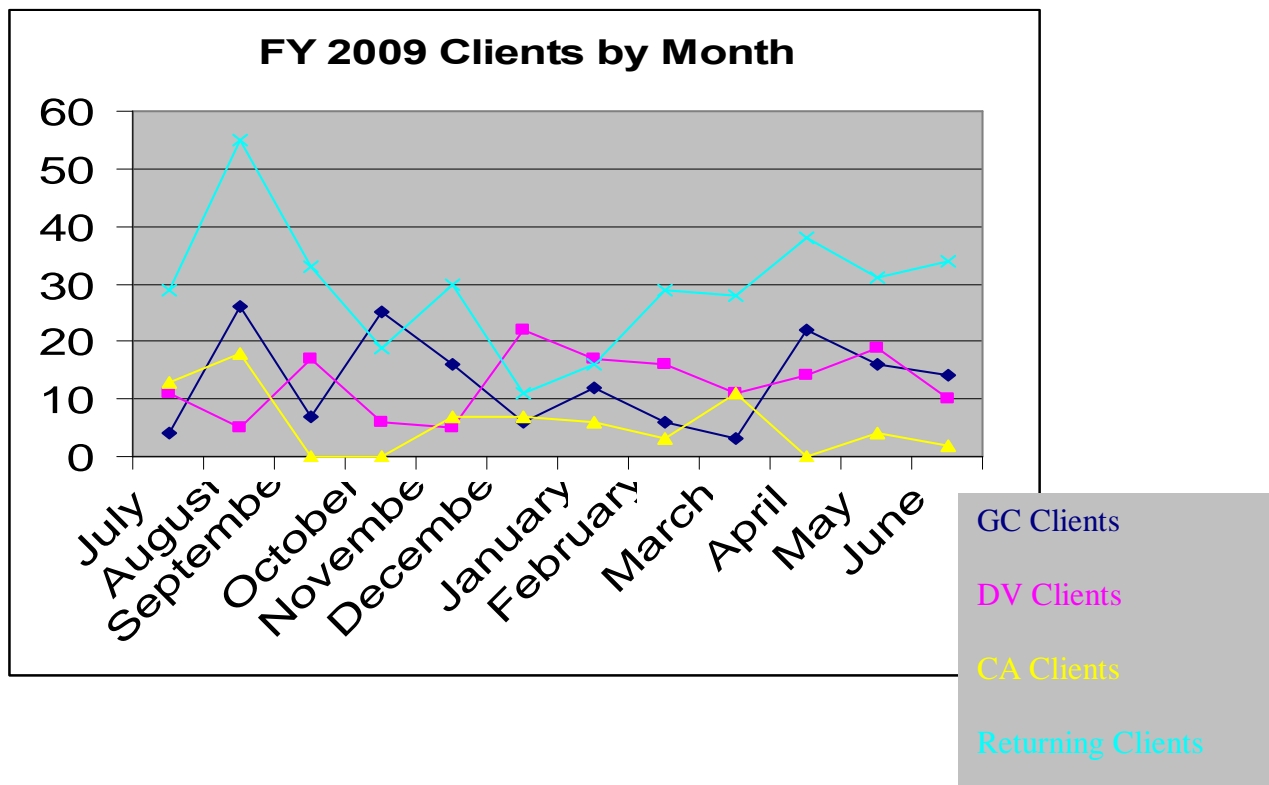
How many have we helped?

<b>Restraining Orders (2005-2009)</b>	FY '05	FY '06	FY '07	FY '08	FY '09	5 Year Total
Orders for Protection	26	26	31	16	37	136
Harassment Orders	20	12	30	19	44	125
<b>Total Restraining Orders</b>	<b>46</b>	<b>38</b>	<b>61</b>	<b>35</b>	<b>81</b>	<b>261</b>

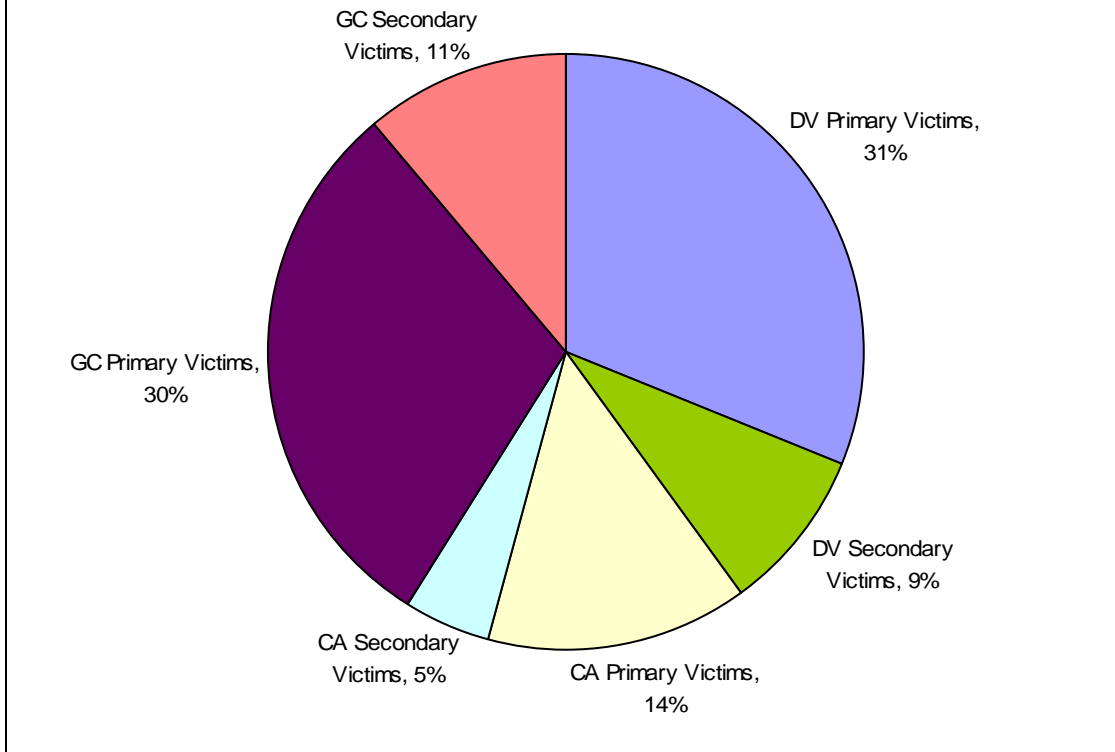
<b>Safe Home (2005-2009)</b>	FY '05	FY '06	FY '07	FY '08	FY '09	5 Year Total
Battered Women	9	9	7	12	4	41
Children	12	8	2	7	8	37
Total	21	17	9	19	12	78
<b>Actual Person Days (2005-2009)</b>	162	119	55	76	20	432

<b>Victims Served (2005-2009)</b>	FY '05	FY '06	FY '07	FY '08	FY '09	5 Year Total
Domestic Violence (DV) Victims	74	75	81	104	119	453
Secondary Adult DV Victims	22	31	28	219	34	334
Child Abuse (CA) Victims*	166	138	84	60	54	502
Secondary CA Victims*	NA	76	58	28	19	181
General Crimes (GC) Victims	68	65	64	61	114	372
Secondary GC Victims	43	26	30	32	43	174
Total Victims Served	373	411	345	504	383	2016

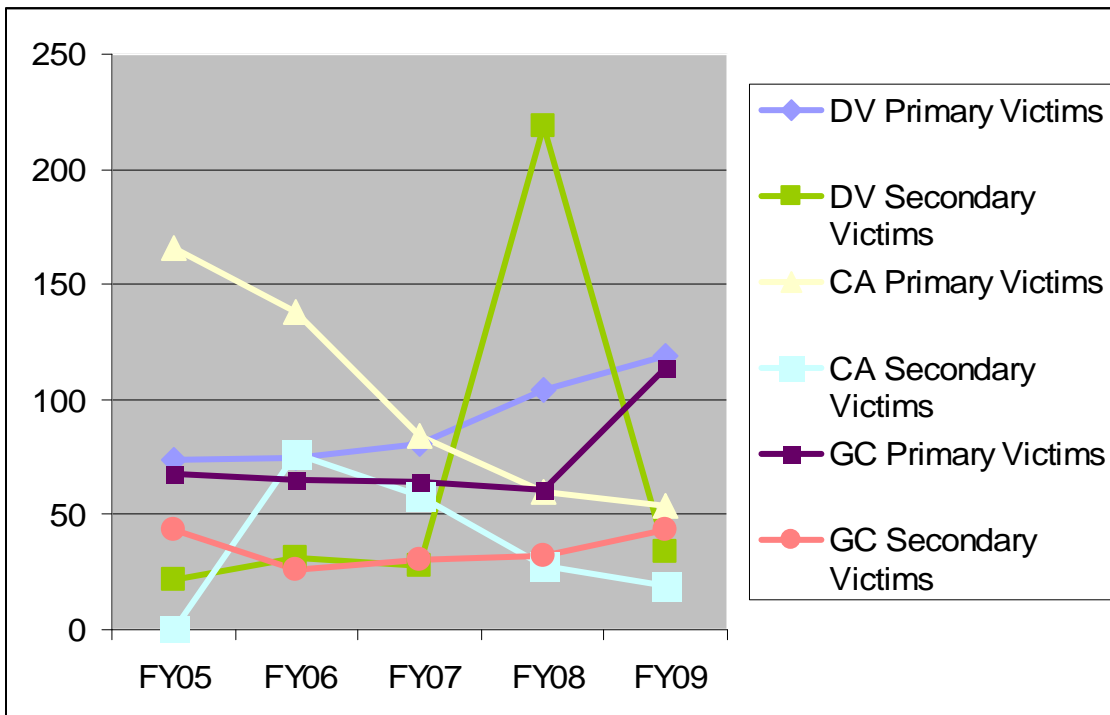
\*Child Abuse statistics include children of domestic violence victims. \*Secondary Child Abuse victims include some duplication of DV victims.



## Victims Served in 2009



## Fiscal Years 2005-2009 Victims Served



## Who we work with?

- \*Fillmore County Family Violence Council (FVC)
- \*Fillmore County Family Services Collaborative (FCFSC)
- \*Homelessness Prevention/FEMA Board
- \*Dodge/Fillmore/Olmsted Community Corrections Taskforce (DFO)
- \*Olmsted County Victim Services Advisory Council
- \*Children's Justice Initiative Team (CJI)
- \*Minnesota Coalition for Battered Women (MCBW)
- \*Minnesota Council for Non-Profits (MCN)

## What have we done?

### July

Men's Action Network Focus Group Training sponsored by MN Council Against Sexual Assault (MNCASA)

Fillmore County Fair

Women's Support Group

Met with Lou Powell regarding Office of Justice Programs Budget

Met with Representative Ken Tschumper and Kristin Lail regarding Extreme Makeover Home Edition

Networking with Probation, Victim Services, and City Police

Meeting with Attorneys from Battered Women's Legal Advocacy Project (BWLAP), MCBW, MNCASA, Local Attorneys, City Police, and Sheriff's Department about laws regarding minors testifying in judges chambers

Bullying Prevention Program Coordinator interviews held and applicant hired

Employment ads were placed for the Director position

Safeguarded victim and her children

Two Home Visits supporting two families

### August

Bullying Prevention Program Coordinator, Paul Eckheart, started

Executive Director interviews held

Women's Support Group

Spoke at Preston Lions Club

Met with Ag Star regarding Accounting

FCFSC meeting

DFO Taskforce meeting

Met with Tom Kycek from Fillmore County Sheriff's Office regarding Crisis Line and Arrest Practices

Met with Southern MN Regional Legal Services (SMRLS)

Networked with Social Services regarding client cases

Met with Pam Ristau about Audit

Networked with Legal Aide, Immigration Attorneys, and Attorneys and Resources in New York regarding deportation and custody issues

New Roof installed on the building due to leaking, leaking increased when installing the roof due to rain

Four Home Visits supporting two families

## September

FFR Annual Board Meeting  
Hired New Executive Director ó Amy Becker  
Womenø Support Group  
New Laws Training sponsored by BWLAP and Hope Center  
CJI Meeting  
Winona State Internship Candidates ó First Meeting  
Office Carpet was Cleaned  
Networked with local Libraries, Banks, and the Courthouse regarding Domestic  
Violence Awareness Promotion  
Met with Pam Ristau regarding Audit  
Networked with AgStar regarding Payroll  
Networked with Immigration Attorneys and New York State Resources and  
Referrals regarding client issues  
Two Home Visits supporting two families  
Fillmore County Journal Professional Ad and KFIL/KVGO PSA  
Participated in the Community Package by the Republican Leader/Bluff Country  
New

## October

Domestic Violence Awareness Month  
Sponsored the Silent Witness Campaign throughout Fillmore County  
An Article in the Fillmore County Journal each week regarding Domestic  
Violence  
Insert in the Fillmore County Journal regarding Children and Domestic  
Violence  
Bullying Prevention Week (10/6-10/10)  
Bullying Prevention Article in Fillmore County Journal  
Bullying Prevention PowerPoint in area schools  
FFR Board Meeting  
FCFSC Meeting  
Womenø Support Group  
School Social Workers Meeting  
MCN Sponsored Networking/Training Opportunity  
Mayo Clinic Sponsored Workshop on Intimate Partner Violence  
Meeting with Copy Machine Representatives (3 different companies)  
DFO Advisory Board Meeting  
Year end statistics and financial report submitted to OJP  
Meeting with DFO Victim Services Director, J. Martin and DFO Fillmore County  
Victim Services employee, S. Monroe  
MN Victims Assistance Academy  
D. Strahl received the Jacobø Hope Scholarship in honor of Jacob  
Wetterling  
A. Becker and D. Strahl attended the week long training and graduation  
ceremony  
MCBW Annual Meeting/Conference  
Met with J. Glander regarding Guardian Ad Litem

Lois Hackbarth resigned as Interim Director  
FFR Policy Committee Met to Revise Policy Manual  
Presentation/Networking at Social Services Staff Meeting  
Networked with BWLAP, New Rochelle Victim Services, Pierce University  
School of Law, Immigration Law, International Institute of Buffalo,  
Rushford Police, FBI, Domestic Violence LEAP Project Women, and  
Women's Legal Resource Center on Violence Against Women regarding  
Immigration and Custody in New York state for client  
Networked with Women's Consortium and local Libraries and Banks regarding  
Silent Witness Display  
Eight Home Visits supporting three families  
Safeguarded victim and her children

#### November

DFO Victim Services Advisory Council Meeting  
Presentation to Preston Area Foundation  
Internship Interview of Shannon Hameister  
Women's Support Group  
FFR and FVC Hosted Training at Eagle Bluff  
Mark Wynn and Deirdre Keys Presented on Domestic Violence and  
Stalking  
Applied for and received a SMRLS grant to cover a large portion of the  
training costs  
Over 70 area service professionals attended  
Networking lunch discussion regarding civil v. criminal options  
FCFSC Meeting  
FFR Board Meeting  
FFR Board Policy Committee met to discuss the Policy Manual  
DFO Community Corrections of Fillmore County Taskforce Meeting  
WATCH Webinar  
Networked with Victim Services and Probation regarding a client  
Met with F&M Bank regarding Grant Opportunities and Financial Assistance  
Attended the monthly School Social Workers Meeting  
Networked with Social Services, FCFSC, SEMCAC, and Thrifty Threads for  
winter coats for client and children  
Four home visits supporting two families  
Professional Services ad continues to run in the Fillmore County Journal  
Sponsored Veterans Day ad in the Republican Leader

#### December

Congressman Tim Walz sponsored Grant Training  
Five home visits supporting three families  
Networked with attorney S. Springer regarding client's case  
Networked with R. Tschumper from Houston County Women's Resources  
regarding funding and general domestic violence issues  
Met with victim services and MN extension office regarding client issues/needs  
Networked with C. Reicks, D. Kohn, D. Scrobeck, and Maple Leaf Services  
regarding snow removal at the office

Worked with SMRLS, MCBW, and NY State Legal Services regarding court and transportation needs of a client  
Worked with St Matthew Lutheran Church in assisting a client  
Participated in Christmas in Fillmore County with SEMCAC and MN Extension Office  
Maintained the professional ad in the Fillmore County Journal  
Placed a thank you for community support in the Fillmore County Journal  
Continued to sponsor PSA on KFIL/KVGO  
Completed and distributed the FFR newsletter  
Womenø Support Group was cancelled due to weather

### January

National Stalking Awareness Month  
Public Service Announcements Played on KFIL/KVGO  
FCFSC Meeting  
DFO Taskforce Meeting  
MCBW Conference Call regarding the Cost of Domestic Violence  
FFR Board Meeting  
Copy Machine Purchased and Delivered  
Two home visits supporting two families  
Shannon Hameister started interning in the FFR office  
A. Becker and S. Hameister created a t-shirt for the Clothesline Project  
The t-shirts will be displayed as part of the Clothesline Project at the Annual Rally to End Violence Against Women at the Capitol  
A. Detlefsen attended an Egala Equine Training as a self help program for clients  
WATCH webinar on Court Monitoring  
Cost of Domestic Violence webinar sponsored by MCBW  
Professional services ad continues to run in the Fillmore County Journal  
Submitted VOWA grant for Scattered Site Transitional Housing Funding  
Quarterly statistics and expenses report submitted to OJP  
Womenø Support Group was cancelled due to weather

### February

Non-Profit Day at the Capitol sponsored by MCN  
Training regarding the MCN legislative agenda  
Met with Representative Greg Davids to discuss the MCN legislative agenda  
Senator Sharon Erickson-Ropes was unavailable  
WATCH Program conference call  
Action Day and Rally at the Capitol to End Violence Against Women  
Sponsored jointly by MCBW, MNCASA, and MN Indian Women Sexual Assault Coalition (MIWSAC)  
Attended a training and legislative agenda program  
Met with Representatives Greg Davids and Jeanne Poppe  
Met with Senators Sharon Erickson-Ropes and Dan Sparks  
Attended the Rally at the Capitol where survivors of domestic violence and sexual assault told their stories, the Femicide Report was read, professionals and Congressional Members spoke, musical

selections were played, and the Rally ended with a informal networking and viewing of the Clothesline Project  
A. Becker and S. Hameister attending the training and a domestic violence survivor joined them for the meeting with Representative Greg Davids and the Rally

FCFSC Meeting

Presentation at the Chatfield American Legion  
Site Visit by grant managers, Lou Powell and Kristin Lail  
Public Service Announcements on KFIL/KVGO regarding Domestic Violence, Child Abuse, Crime Victims Rights, and Volunteerism  
Safehomed a client  
Six home visits supporting five families  
Womenø Support Group  
Networked with probation and MN extension regarding Egala Equine Project  
Met with Springer Law regarding client issues  
Preston Law Enforcement interview a client at the FFR office  
Professional services ad in the Fillmore County Journal continue  
KFIL/KVGO PSA continue with an emphasis on Stalking and upcoming spring events/awareness campaigns

March

CJI Meeting

Winona State Internship Advisor Site Visit  
OJP Leadership Training Series (1 of 3)  
Training was in St. Paul and about Board Management  
FFR Board Meeting and mini-Training  
Training was about personal strengths and how to work with others that have similar and different strengths  
Preston Chamber of Commerce Meeting  
Fillmore-Central Healthy Living Expo for Staff  
Provided information to teachers and staff about resources available and stress reducing techniques  
Meeting with John Torgrimson regarding Court Monitoring article in the Fillmore County Journal (article published on April 6)  
Safehomed a client  
Seven home visits supporting four families  
Womenø Support Group  
Met with Spring Valley Law Enforcement regarding Stalking  
DFO Victim Services Advisory Council Meeting  
Networked with Victim Services, MN Extension, and Probation regarding domestic violence awareness  
Met with Victim Services and MN Extension regarding funding for the Egala Project: No Easy Answers  
Communication with R. Fuller and D. Keys regarding Stalking  
Communication with Legal Service and Office of Spanish Speaking Services regarding client issues

Professional services ad in Fillmore County Journal and PSA on KFIL/KVGO were maintained

FFR newsletter was completed and distributed

S. Hameister and A. Detlefsen worked on an Avon grant proposal

#### April

Child Abuse Prevention Month

Full page color ad in the Bluff Country Reader/Spring Valley Tribune

National Volunteer Recognition Week

Thank you ad in the Fillmore County Journal

National Crime Victims Rights Week

Obtaining Stimulus Funds for Homelessness and Domestic Violence Webinar

Sponsored by National Law Center on Homelessness and Poverty

(NLCHP), National Alliance to End Homelessness (NAEH), and

National Network to End Domestic Violence (NNEDV)

FCFSC Meeting

DFO Taskforce Meeting

Winona State Internship Advisor Exit Interview

CSI Effect Training sponsored by Olmsted County Sexual Assault Interagency and Mayo Clinic

Sexual Assault Crisis Line Training sponsored by DFO Victim Services

(Wednesday evenings & 1 Saturday)

Stalking Training sponsored by National Center for Crime Victims (NCCV) and

National Stalking Institute

The training had a Community and School component

Men's Action Network ó Stop It Before It Starts

MCBW, MN County Attorney's Association, MN Sheriff's Association, MN

Chiefs of Police Association, and OJP sponsored Anatomy of

Strangulation

Three home visits supporting two families

Women's Support Group

Met at Traditions of Preston to see facility and learn of services

Communicated with Olmsted and Mower County Detectives on behalf of client

Networked with New York State Attorney's Office, Guardian Ad Litem, and

Victim/Legal Service regarding client issues

Submitted the grant application óNot Seeing, Not Heardö to Avon

Continued to run the professional services ad in the Fillmore County Journal and

the PSA on KFIL/KVGO

Fillmore County Journal published J. Torgrimson's article about S. Hameister's

research regarding the Fillmore County Court outcomes in domestic

violence cases

Mid-year report and second quarter statistics and financials for OJP were

submitted

First quarter Winona Community Fund report submitted

#### May

Sexual Assault Crisis Line Training sponsored by DFO Victim Services

(Wednesday evenings & 1 Saturday)

Victim Services Committee Meeting  
Shannon Hamiester Graduation Ceremony  
Law Day  
    Sponsored by DFO Probation  
    Tours/presentations at the Fillmore County Courthouse and Sheriff's  
        Department to area high school students  
DFO Taskforce Meeting  
FCFSC Meeting  
FFR Board Meeting  
Spring Valley Health Fair  
Five home visits supporting five families  
Women's Support Group  
Presentation at Kingsland Middle School: Cyber Stalking and Safe Relationships  
Fillmore Central Schools Lyceum (3 classes)  
Networked with Attorneys, Court Administration, SEMCAC, Social Services, and  
    County Attorney's Office regarding clients' needs  
Professional services ad and PSA continue to run in the Fillmore County Journal  
    and on KFIL/KVGO  
Letters sent to Fillmore County Attorney and City Attorney's regarding Victim  
    Liaison Services for 2010-2011

#### June

FCFSC Meeting  
OJP Leadership Training Series (2 of 3)  
Met with Lou Powell regarding Desk Review  
Fillmore County Commissioner's Meeting  
    Presented Victim Liaison Services information  
Six home visits supporting three families  
Women's Support Group  
A. Detlefsen spoke at the Guardian Ad Litem meeting regarding Domestic  
    Violence  
Cornerstone Interview regarding child abuse attended to support client  
Provided combined services to client with Houston County Women's Resources  
L. Powell, grand manager, visited regarding desk audit and stimulus grant  
Met with volunteer/donor regarding client needs  
Networked with Law Enforcement, Probation, County Attorney and other  
    Attorneys regarding client issues  
Professional Services ad continues to run in the Fillmore County Journal

#### Who supports us?

Harmony Ecumen Bible School  
Kitty and Keith Baker  
Chatfield Community Chest  
Christ Lutheran WELCA  
Highland Lutheran Church  
Saetersdahl WELCA  
LaDeane Peterson

Lois Hackbarth  
Marge Sikkink  
United Methodist Women  
Mr. & Mrs. Alton Scheevel  
MCBW  
Bob Kierlan & Mary Burrichter  
Peggy Hanson  
Greenfield WELCA  
Carimona Township Community Chest  
United Fund of Spring Valley  
Chatfield Township United Charities  
Steve & Sharon Prinsen  
Jason & Holly Kiese  
Comb Charities Jordan Township  
Greenfield WELCA  
First Lutheran of Highland  
Elstad WELCA  
Greenfield WELCA  
Pilot Mound United Charities  
Rushford Presbyterian Women  
Jane Hebrink  
Pilot Mound WELCA  
Arendahl WELCA  
Karen Morris  
Bristol Township Community Chest  
Allen & Virginia Mandelko  
Anne, Ruth & Helen Detlefsen  
Sharon Wood  
Alan & Sue Bahler Family  
Richard Berg  
Community Chest  
MN Chapter PJ Program  
Brunsvold Enterprises  
Kingsley Mercantile  
United Methodist Women  
Union Prairie WELCA  
Carol Owens  
Julie Moon  
Eileen & Robert Linden  
Cherry Grove UMW  
New Life Victory Church  
Norma Koch  
Highland Prairie WELCA  
Eunice Biel  
Christ Lutheran Church  
Hannah Circle

American Legion Post 197  
Nativity of the BVM  
Root Prairie Lutheran Church  
Dan & Pam Ness  
Our Savior's Lutheran WELCA  
Terry & Joanne Grabau  
Women of First Presb Church  
Pajama Program MN West  
Church of Brethren  
Fountain United Methodist Church  
Roger & Evelyn Jones  
Lorene Moore  
Cherry Grove United Methodist  
Greenfield WELCA  
Bethlehem Lutheran Church  
Jeanette Schmidt  
Kelly Wagner  
Preston Village Community Chest  
American Legion Auxiliary #299

Where are we going?

At this point in time we like to reflect on the past and set goals for the future, with that in mind, there are a few areas that we hope to work on in the coming years. Fundraising is an important part of the work we do here and having an established fundraising plan will allow for employees and board members to know what fundraising we are doing when and how to help. We would like to establish two or three set fundraising projects we do every year at the same time. Not only will this set schedule help FFR internally plan events but the community will have a reminder of FFR and what we do every year like clockwork. Another goal for the upcoming years would be an increase in programming. We need to work to get programming back that was here, such as parenting groups and also introduce new programming to the community. Programming for both children and adults here in Fillmore County so that residents can get what they need without having to drive a long distance. In addition to fundraising and programming we always work to educate the public and other system professions. Education may not be the only tool used to fight domestic violence or child abuse but it is an important one. Crime victims may not always know what to do or where to go for assistance but by educating the public and other professionals hopefully we can help answer those questions. Fundraising, programming, and education are long-term goals that encompass many different aspects of what we do as advocates for crime victims.